

11.07.2026

Dear Parent/Carer,

Consultation on RSHE Policy and Resources

I am writing to notify you of the upcoming consultation on St Matthew's (Gayton C of E Primary Academy) Relationships Education, Relationships and Sex Education and Health Education (RSHE) Policy and RSHE Curriculum resources. The consultation period will run from 13 July 2026 until 19 July 2026; during this time, members of our community are invited to express their views and any concerns about the St Matthew's RSHE Policy and the RSHE Curriculum resources. In accordance with the DfE's July 2025 statutory 'Relationships Education, Relationships and Sex Education (RSE) and Health Education' guidance, we must consult on our RSHE Policy when developing our curriculum and policy. You can see the proposed RSHE policy online at <https://www.gaytonprimary.co.uk/rsherelationships-sex-and-health-education> along with an overview of the curriculum resources from JigSaw.

At St Matthew's we are committed to providing high-quality Personal, Social, Health and Economic (PSHE) education that supports your child's development and wellbeing throughout their time with us.

Reviewing our PSHE provision

We are currently reviewing our PSHE curriculum in line with the DfE's updated statutory guidance for Relationships, Sex and Health Education (published 2025, for implementation from September 2026). This is a positive opportunity to bring our curriculum content up to date in a changing world, whilst maintaining our age-appropriate focus on the core knowledge and essential skills that children need to navigate different aspects of their lives with confidence both in and beyond primary school.

At *St Matthew's* , we use Jigsaw, the mindful approach to PSHE, as our comprehensive scheme of work. The programme consists of six half-term units (Puzzles): Being Me in My World, Celebrating Difference, Dreams and Goals, Healthy Me, Relationships and Changing Me. Each Puzzle contains lessons that build progressively through the school, developing children's emotional literacy, self-esteem, resilience and understanding of how to build positive, healthy relationships.

The updated guidance enhances the Jigsaw programme we already know and trust, rather than requiring radical changes. The strong foundations remain the same - we continue to focus on building the fundamental skills and knowledge children need - whilst ensuring our content reflects the world they are growing up in. As part of our review, we are also considering how we adapt the programme content to best suit the needs and context of our school community.

Your views matter

The consultation will run for one week and, as a parent of a child at St Matthew's, we are keen to hear your views on the proposed changes; therefore, we invite you to participate in the consultation if you have any concerns regarding the matter.

The consultation period will run from July 13th to July 19th and responses should be made in writing and submitted before midnight on 19 July 2026 to: **Office @ Gayton School**

Please note that written responses should outline your personal details, including your name, address and relationship to the school. If you wish to view more detailed material please let the office know.

At the end of the consultation period we will consider the responses. The outcome of the consultation will be communicated to the school community as soon as possible following a decision being reached by the HeadTeacher. We understand this is coming out very late in the year and we will extend the consultation to the first week back after the summer if parents have any concerns.

Working in partnership

We believe that PSHE education is most effective when schools and families work together. Your child's wellbeing, safety and personal development are at the heart of everything we do, and we value your input as we ensure our curriculum continues to meet the needs of our school community.

We look forward to sharing our provision with you and hearing your views.

Kind regards

Kelly Watts

PSHE Lead, Deputy Headteacher and SENCO